

SCRDA Program Outline & Fees



RIDING PROGRAMS - Weight Limit 75 to 80 kg - Subject to Coach Assessment.

From October 3 2024 the NDIA and NDIS acknowledges that NDIS participants may engage in programs that include service animals to provide sporting, social and recreational opportunities for people with disabilities, and capacity building support.

SCRDA Coaches are qualified CAD Coaches (Coaching Athletes with a Disability). The Coaches supervising our Riding Program are all certified at COACH or SENIOR COACH level.

Program Type	Days and Times	Fees
Supported Riding Supported Horse Interaction	Tue, Wed, alt Thurs - minimum ~45 min session Session times are 9.30, 10.30, 11.45	\$48 per session - Term Enrolment
Supported Saddle Club 1. Junior 2. Intermediate 3. Advanced	Term Enrolment Alt Saturday Mornings > 9am - 11:30 Alt Saturday Mornings > 9am - 11:30 Alt Saturday Afternoon to SC Int > 12 - 2 pm	\$125 per session \$125 per session \$100 per session

Supported Riding :

From age 5. Support to access programs specifically designed to enhance and develop a range of physical, emotional and social outcomes over a period of time. Suitable for those that require side-walking and horse leading support, or for people who can ride independently with side-walking support.

Supported Horse Interaction :

Support to access non-riding interaction with horses; Develop skills in grooming & horse leading & how to be safe around horses. Build physical strength and endurance all while meeting new people in a supported environment.

Supported Saddle Club : Building physical strength, endurance, independence and social skills.

Junior - From age 7. Support to access a riding Program suitable for those new to horses who may be able to ride independently after a few sessions. Includes supported maintenance jobs i.e. cleaning tack, stall & paddock maintenance & preparing feeds etc.

Intermediate - From aged 10. Support to access a riding Program suitable for those that have some ability to fetch horses from a paddock. Support to prepare/groom and tack a horse to ride; working towards independence. Supported maintenance jobs i.e. cleaning tack, stall & paddock maintenance & preparing feeds etc.

Advanced - From age 13. Progression from Intermediate. Good horse skills required; engage independently, learn new skills and meet new friends. Supported under supervision of the coach.

Supported Carriage Driving Program : Term Enrolment

This is an opportunity to be supported in a Carriage Driving activity. Learn a new skill, build strength and endurance. Meet new people and build confidence in a supportive environment.

Suitable for those who are unable to mount a horse, are in a wheelchair or are over the riding weight limit of 80kg. Our Carriages are wheelchair friendly. However, we are unable to accommodate some electric wheelchairs due to their size.

HIPPOTHERAPY : By appointment with Physiotherapist - From 2 yrs. Suitable for children with high needs requiring support delivered by Physiotherapist with a plan specific to individual needs.